

# Annual Report

20<sup>22</sup>/<sub>23</sub>



**Healthy Families**  
**Healthy Futures**





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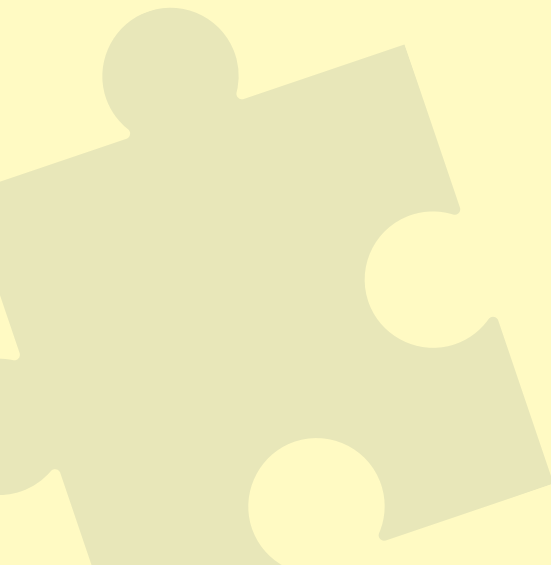


## Our Vision

Resilient Individuals | Resourceful Families  
Responsive Communities

## Our Mission

Together with individuals, families and communities, we build trusting, caring relationships to empower positive change.



# Our Team

## 2022 - 23 Board Members

<b>Chair</b>	Sandy Worobec
<b>Vice Chair</b>	Linda West
<b>Treasurer</b>	Jackie Da Cunha
<b>Directors</b>	Donna Kerr Abby Keyes Leslie Penny Tracy Proulx Kristen Shewchuk

## 2022 - 23 Management Team

<b>Brandy Berry</b>	Executive Director
<b>Pam Pearce</b>	Program Manager
<b>Velvet Buhler</b>	Program Manager
<b>Tammy Roach</b>	Office & Finance Manager

## 2022 - 23 Staff

<b>Erin Chapotelle</b>	Family Connections Educator	<b>Debbie Kensington</b>	FASD & PCAP Mentor
<b>Christy Chernak</b>	FASD & PCAP Mentor	<b>Courtney Lantz</b>	FASD & PCAP Mentor
<b>Valerie Chisholm-Head</b>	FASD & PCAP Mentor	<b>Sabrina Lepine</b>	Home Visitor
<b>Christa Commet</b>	Home Visitor	<b>Shaylee Mazurek</b>	Home Visitor
<b>Destiny Dowling</b>	Home Visitation Liaison	<b>Theresa McRae</b>	Home Visitor
<b>Debbie Kensington</b>	FASD & PCAP Mentor	<b>Michelle Melnyk</b>	Thrive Mentor & Elder Abuse Navigator
<b>Irene Fitzsimmons</b>	Elder Abuse Navigator	<b>Luanna Murphy</b>	Home Visitor
<b>Shawna Greenstien</b>	Home Visitor	<b>Victoria Nanninga</b>	FRN Hub Navigator
<b>Erika Grove</b>	Home Visitor	<b>Dallas Roth</b>	FRN Hub Navigator
<b>Pam Hammond</b>	Home Visitor	<b>Leena Underwood</b>	FASD & PCAP Mentor
<b>Lori Heywood</b>	Home Visitor, FASD	<b>Susan White</b>	Home Visitor
<b>Ilona Hoglander</b>	FRN Hub Navigator	<b>Amanda Williams</b>	Home Visitor
<b>Laura Hynes</b>	Home Visitor, Elder Abuse Navigator & Thrive Mentor	<b>Pam Yeomans</b>	Thrive Mentor
<b>Samm Johnson</b>	Home Visitor	<b>Doreen Young</b>	Home Visitor, FASD & PCAP Mentor


# Message from the Executive Director

**“Human connections are deeply nurtured in a shared story.” ~ Jean Houston**

As I look forward to the upcoming year, I find myself reflecting on the challenges and successes of our past year. I am always grateful for an opportunity to pause and consider the individuals and good work we have the privilege of doing. How fortunate we are to have the time and many opportunities to **connect**.

The past few years have reminded us that meaningful connection is essential to our wellbeing. We need connection to engage with each other and our communities in genuine and meaningful ways. Many new connections have created exciting opportunities and new possibilities.

**“We must find time to stop and thank the people who make a difference in our lives.” ~ John F. Kennedy**



I want to thank our program participants, who have taken the chance and made the time to connect with our staff and programs over the last year. Your commitment and engagement are truly appreciated, especially when sometimes it can feel really hard.

What can I say about our staff? They are masters of finding creative and significant ways to connect. Their great work supports



connections, past our program participants, and includes whole families, however they are configured, and extends into our communities. **You make a difference!**

To the Healthy Families Healthy Futures Board. Your dedication and support, although behind the scenes, is deeply appreciated and provides stability for all of us.

Although Healthy Families is spread across a large geography, we are connected through all of our community partners and stakeholders. **We cannot do this work alone!** Thank you for being an integral part of our journey!

Thank you to all our funders and donors who continue to show their confidence and trust in the wonderful work we do.

**Brandy Berry**  
Executive Director

**“The area where we are greatest is the area in which we inspire, encourage and connect with another human being.” ~ Maya Angelou**

# Greetings from the Board Chair

As Chair of the Healthy Families Healthy Futures Board, it is my honour to bring a few words to you on their behalf. I want to take this time to formally acknowledge and thank the staff of HFHF for their hard work over this last year. You are appreciated!

This year the theme of the annual report is: Connection. As always, the words of others resonate for me. Brene Brown said: "I define connection as the energy that exists between people when they feel seen, heard and valued; when they can give and receive without judgement; and when they derive sustenance and strength from the relationship". That is a powerful statement and one that we all strive to achieve. HFHF holds many of those values and it permeates the work we do.

Connection by nature is essential but at times can be difficult. The Board of HFHF, the Executive Director, the managers and all the staff are connected by a common purpose and belief in the work we do. We have seen the significance it carries in the lives of program participants. We recognize we need to rely on and support each other, and we are individuals and interactions can create conflict. We have all, at one time or another, had to stop and evaluate ourselves and how we interact with another person. Resolution comes from working through conflict and coming out stronger.

We have connection to and rely on our funders for financial resources. Their role is to meet the needs of as many people as possible. Their perspective gives insight and understanding and their support of HFHF is also appreciated.

The connection that HFHF has with other agencies is essential. We make connection through understanding of each other,



the various mandates, and in sharing of ideas. We partner with each other to accomplish goals. Some of the strength of our communities comes from those activities. Relationships with others is key to connection and success.

Sean Stephensen said "Communication is merely an exchange of information but connection is an exchange of humanity".

**Sandy Worobec**  
Board Chair

“

**"Human connections are deeply nurtured in the field of shared story."**

~ Jean Houston

”



# Connection in the Community...









# Connection in the Community...









# Special Projects (Home Visitation Liaison, Kid Kits, ASQ)

This year we were able to utilize Family Resource Network surplus due to Covid -19 restrictions from previous years, to further support the communities we serve. We were also able to utilize Child Services surpluses, from previous years, to further support the communities we serve.

## Home Visitation Liaison Position

Destiny Dowling filled a one-year contract position to provide program promotion to all the communities where Healthy Families Home Visitation is offered. Thank you Destiny for your hard work!

## Kid Kits

Sabrina Lepine, Westlock Home Visitor, was allotted extra time to research and develop "Kid Kits" for all of our Home Visitation Families. The kits include interactive activities that follow children through newborn to age 6. A binder with information and memory pages is included that provides developmental and other age-appropriate information. Each developmental domain is interwoven throughout this resource and creative and meaningful activities are provided to support caregiver/ child/ family interaction and the capturing of moments and memories.



## ASQ

An ASQ identifies children who may be at risk for developmental delays. It takes a look at how children are doing in important developmental areas such as, speech, physical abilities, social skills and problem solving. It helps to identify areas where children need more support and identifies your children's strengths.

The surplus funding was utilized to provide the Spark FRN Hub Navigator Dallas an additional five hours per week to gather information by consulting with FRN Spoke partners, community organizations and community agencies. Dallas also supported caregivers to access online and in person ASQ's developmental screening and provided referrals and connections to address identified delays.





# Family Resource Networks

In April 2020, the Provincial Government’s Children’s Services Ministry announced the successful grant funding applicants for its new Family Resource Networks (FRN). The FRNs are designed to deliver prevention and early intervention services and supports across Alberta to families with children from infancy to 18 years.

Healthy Families Healthy Futures was the recipient of two Family Resource Network Hub locations – one in Westlock and one in Whitecourt. These Hubs act as central referral points for families requesting assistance to build on their strengths and develop strong familial units. Community agencies, health authorities, or individuals looking for supports and resources may make referrals.

## Rural Connections Family Resource Network

The Rural Connections Family Resource Network consists of different agencies partnered to provide Spoke services in Smoky Lake, Waskatenau, Vilna, Thorhild, Thorhild County, Westlock, Westlock County, Barrhead, Barrhead County, and surrounding areas. The Rural Connections FRN Hub is located in Westlock and housed by Healthy Families Healthy Futures.



### Home Visitation

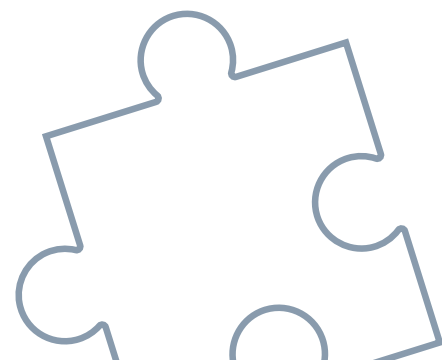
Provided by Healthy Families Healthy Futures

One-on-one parenting strategies for parents-to-be and caregivers with children aged 0-6 years. Long-term support to strengthen caregiver-child relationships, promote healthy childhood growth and development, and encourage safe home environments.

### Family Resilience Program

Provided by WJS Canada

Provides support for families with children and youth aged 7-18 years. Family support workers use a strength-based approach to engage with families in their homes and communities. Areas of focus may include healthy relationships, attachment, positive discipline, mentoring, life skills, and child development. We work collaboratively with families to help them make sense of their children and youth, and to feel more confident in their ability to meet their children's needs.



## Family Capacity & Connection

Provided by the Town of Smoky Lake, Thorhild County, HFHF Westlock, and Barrhead FCSS

Caregiver Education and programs focusing on child development, asset building, parenting, and strengthening family bonds.

## Supporting Parents and Alberta's Rural Kids (SPARK) Family Resource Network

The SPARK FRN Hub is located in Whitecourt and is housed by HFHF. The region covered by the SPARKL FRN includes the communities of Whitecourt, Mayerthorpe, Woodlands County, Swan Hills, Fox Creek, Valleyview, Lac Ste. Anne County, Lac Ste. Anne Summer Villages, Onaway, and surrounding areas.



## Home Visitation

Provided by Healthy Families Healthy Futures or Town of Fox Creek

One-on-one parenting strategies for parents-to-be and caregivers with children aged 0-6 years. Long-term support to strengthen caregiver-child relationships, promote healthy childhood growth and development, and encourage safe home environments.

## Family Support/Diversion Services

Provided by Town of Whitecourt

The Whitecourt & Area Family Support Program (FSP) provides support and counselling to families with youth aged 7-18 years. The services may be provided in-home and/or in the community, and will build upon informal supports and resources.

Through a combination of direct and virtual means, services include:

- Family and/or individual counselling;
- Family support;
- Skill development; and
- Case management and coordination of services.

## Family Capacity and Connection

Provided by the Town of Whitecourt, Swan Hills FCSS, and the Town of Fox Creek

Caregiver Education and programs focusing on child development, asset building, parenting, and strengthening family bonds.

### The Northern Lakes Family Resource Network

serves the families of Athabasca, Lac La Biche, Plamondon, Boyle, Calling Lake, Grassland, Caslan and surrounding areas. Healthy Families Healthy Futures is a proud member of this FRN providing the Spoke service of Home Visitation throughout this region.





# Home Visitation Programs

Home Visitation services offer in-home mentorship, from a dedicated Home Visitor, starting as early as pregnancy and extending into the first six years of a child's life. Caregivers of children 0-6 look to us for guidance to help navigate the challenges of parenting and enhance caregiver capacity to stimulate and nurture their child's development.

Goals of Home Visitation are to:

- promote positive parent-child relationships
- grow parenting knowledge and skills
- foster healthy pregnancies and child development
- help families identify and access formal and informal support and service networks available
- assist in the identification and pursuit of family goals



## What Our Participants Are Saying

"Lots has changed since joining the program, it's been a work in progress to get where we are now."

"Since joining the HV program I have better self-confidence and knowing that I'm not alone."

"Since working with my Home Visitor, I won primary care, almost have full custody, have reached or almost reached all of my goals."

"I've gained more positive parenting skills, patience's ways to discipline and encourage kiddos."

"Great support I received from my Home Visitor. I love the milk Coupons and the information on child development. The Program really helped me learn things I didn't know."

"Fruit and veggies were very helpful. I really enjoy doing the looksee development screens, Its helps me know where my child is at."

"I feel more confident with everything now after having first baby doing weekly/ bi-weekly visits."

"Appreciate my Home Visitor so much. I don't have any family here and she has been my support. I have someone to talk to. Has helped my mental health and parenting, any resources and information I need she provides."

Services are offered in Athabasca, Calling Lake, Thorhild, Westlock, Barrhead, Swan Hills, Fort Assiniboine, Woodlands County, Lac Ste. Anne County, Whitecourt, Fox Creek, Valleyview, and Alexis Nakota Sioux Nation





**3,318**  
HOME VISITS



**199**

LOOKSEE  
DEVELOPMENTAL  
SCREENS COMPLETED



**80**

ASQ SCREENS COMPLETED

**205**

FAMILIES SERVED



**22**

PICCOLO CHECKLISTS COMPLETED



**2,481**

REFERRALS  
TO COMMUNITY  
AGENCIES &  
SERVICES

**3,114.25**

HOURS



# A Success Story...

A family of four are new immigrants to Canada. At the start of their participation in the Home Visitation program, Dad was 100% the communicator, decision maker, and contact for everything that involved the Home Visitor. The Home Visitor had some reservations and concerns for Mom. As trust was built, and comfort levels eased. Mom began to communicate and share thoughts with her Home Visitor. Dad began to trust Home Visitor as well, and periodically allowed Home Visit's without FOB present. Home Visitor took the opportunity to encourage Mom to explore the parks within walking distance of residence and facilitated activities outside of the home. Mom and her two children would meet weekly for Home Visits which included walks, Playground fun, and a chance to practice road safety as the oldest would be walking to school and attending Kindergarten soon. The Home Visitor has witnessed this family grow with confidence that they can embrace community life and have a sense of belonging, as well as Mom becoming independent and having a sense of feeling safe within her surroundings. Although the family has returned to their country of origin for 6 months, they would like to reengage with the Home Visitation when they return to Canada.



# FASD Mentorship Program

Athabasca, Calling Lake, Thorhild, Westlock, Barrhead, Swan Hills, Fort Assiniboine, Woodlands County, Lac Ste. Anne County, Whitecourt & Alexis Nakota Sioux Nation

FASD Mentors support individuals who have Fetal Alcohol Spectrum Disorder (FASD) by developing a relationship, providing advocacy, and helping with goal setting. Mentors assist individuals to build on existing life skills and support healthy decision making.

Each individual supported by our program is unique, and have areas of both strengths and challenges. Our program participants show great resilience even though they sometimes are faced with complex difficulties. The Mentors role is to support program participants to build and maintain healthy lifestyles, including enhancement of life and social skills, while strengthening community involvement, support and networks.

FASD Mentors utilize Prevention Conversation and FASD 101 training and conversations to reduce stigma and increase awareness in our rural communities.

For more information on FASD assessment/diagnosis or training contact the Northwest Central FASD Network

<http://nwcsfasd.ca/>  
Call or text  
780.305.8757

**Our participants say the best things about our program is...**

*"I believe I am getting the best service provided for my needs."*

.....

*"It's nice talking to someone who understands issues within my family."*

.....

*"I just think they treat me like an adult and not a child. I value that."*

## FASD & PCAP STATS



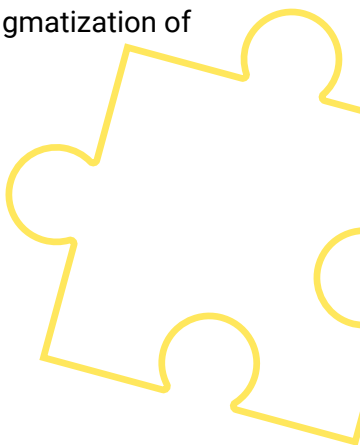


# Parent Child Assistance Program (PCAP)

Athabasca, Calling Lake, Thorhild, Westlock, Barrhead, Swan Hills, Fort Assiniboine, Woodlands County, Lac Ste. Anne County, Whitecourt & Alexis Nakota Sioux Nation

Healthy Families Healthy Futures has been supporting women to reduce or stop alcohol and/or drug use during pregnancy since 2009. PCAP Mentors support healthy pregnancies and encourage healthy life choices for program participants and their children. The PCAP Mentors' role focuses on improving program participant; social and emotional wellbeing, connection to community resources and networks, positive community experiences, increased independence, increased parental capacity (if they have children) and a reduction in isolation and stress levels.

PCAP Mentors utilize Prevention Conversation to increase awareness of FASD and encourage healthy pregnancies and babies. As communities become increasingly informed, with a growing awareness about the work of PCAP, an increased community-level awareness of FASD and reduced stigmatization of clients results.



## The Power of Mentorship

The PCAP mentor has worked with the client for 1 year. When the PCAP mentor met the client, she was quiet and reserved, she had a hard time speaking up at meetings and advocating for the needs of herself and her children. The mentor and Clients prenatal visits were limited, she was only getting one hour visits a week with her children. With support from the mentor, the client is actively participating in visits with her children, advocating for her needs and what she needs help with.

The PCAP Mentor shared information about FASD and what it was with the client. The client made it a goal to learn all she could about FASD and then wanted to get an FASD assessment done. The FASD assessment is in process

The PCAP mentor also connected her client to community members and supported her in working with her to learn about parenting and different ways that she can connect with her children.

The client is striving for sober living and has a commitment to sobriety. Through referrals from her mentor the client is working with an Addiction's worker, while working through her grief and loss.

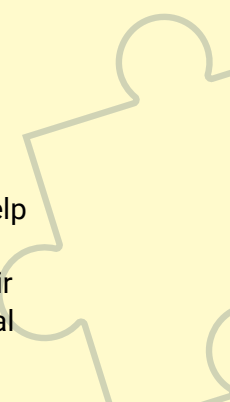




# Westlock Family Connections

Westlock Family Connections offers quality and meaningful child development, caregiver capacity and skill building programs for caregivers with children aged 0-18 years. Opportunities are offered for caregivers to make meaningful social connections, participate in caregiver

education, access child and youth developmental screening and other local supports and resources. Our programs help caregivers understand and enhance their skills to support children and youth in their social, emotional, physical, and intellectual growth and development.



## PROGRAM SESSIONS

Programs have moved back to primarily in person, with a few online due to parent request



25

## EARLY CHILDHOOD DEVELOPMENT

Program Sessions

7

## PRIMARY SCHOOL

Program Sessions



## SESSIONS

## TEEN FOCUSED PROGRAMMING

- Financial Literacy programs in partnership with Money Mentors, Alberta
- Teen Cooking programs in partnership with Westlock & District FCSS and Youth Unlimited



9

## LOVE AND LOGIC SESSIONS

(Parenting the Love and Logic Way)



5

## TRIPLE P - POWER OF POSITIVE PARENTING PROGRAM SEMINARS & DISCUSSION GROUPS

(Teen Triple P for caregivers of children aged 12-18 yrs and Primary Triple P for caregivers of children aged up to 12 yrs)

## Programs

- Emergency First Aid for parents and caregivers
- Infant Massage
- Mental Health, "Talk, Ask, Listen" workshop in partnership with Do More Ag Foundation



24

ASQ-3 (AGES AND STAGES QUESTIONNAIRES COMPLETED)



19

ASQ-SE-2 (AGES AND STAGES SOCIAL EMOTIONAL QUESTIONNAIRES COMPLETED)



2

## ONLINE PARENT EDUCATION PROGRAMS

In partnership with the FRN spokes in our hub (Barrhead, Thorhild, Smoky Lake, and Westlock), which provided necessary funding to bring in guest speakers for the following programs:

- Attachment and Connection with Teens
- What Happens When Youth Push Send?



# Thrive Outreach Program

Athabasca & Westlock

Thrive Outreach Mentors utilize a trauma-informed, relationship-based approach to support individuals impacted by family violence, domestic violence, and elder abuse. Mentors meet one-on-one with program participants to; evaluate personal safety and support safety planning, provide emotional, court, and referral support, provide opportunities to explore the cycle and types of abuse, and work with clients to identify and attain individualized goals for themselves and their families. Mentors also support individuals to understand the impacts of family and domestic violence on children.

Thrive Outreach Mentors work in the community to increase awareness and decrease the stigma associated with family violence, relationship, and elder abuse. Mentors actively work within schools and youth serving organizations to promote healthy relationships.

**2,601** REFERRALS MADE

**230** INDIVIDUALS SERVED

**458.25** TOTAL SESSION HOURS



**"I understand what abuse is and I am working toward a healthier lifestyle."**

~ Thrive Participant

## Another Success!

The Mentor has worked with Thrive participant for 3 years. After the participant left their abusive relationship of 17 years and, recently sober from meth, the participant lived with a friend. While the participant and the mentor worked to access affordable housing in the client's community. The program participant received financial support from Alberta Works. The Mentor also suggested the participant may also be an AISH candidate. Unfortunately, AISH was denied. After speaking with Alberta Works and advocating for Neurophysiological Assessment the AISH application ended up being successful! The Mentor advocated for the program participant to gain affordable housing which also resulted in successful housing as well!



# Elder Abuse Program

Athabasca, Westlock & Barrhead

Healthy Families was fortunate to receive Funding for a part time Elder Abuse Navigator to cover the areas of Athabasca, Westlock, and Barrhead. The current funding for this position spans August 2022-October 2023.

Elder abuse is any action, or inaction, that jeopardizes the health and/or well-being of any older adult. Types of abuse include: physical, financial, psychological/emotional, sexual, spiritual, medical, medication and/or neglect. Elder Abuse involves the older adult's experience of betrayal or breach of trust within an intimate, trusted relationship.

Some older adults face abuse or neglect by others and need trained individuals to advocate on their behalf. Healthy Families Healthy Futures Elder Abuse Navigator position provides confidential, one-to-one support for seniors affected by elder abuse including screening for abuse of older adults and safety planning.



When an older adult is referred for services, the Elder Abuse Navigator will initiate contact with the senior seeking assistance. Her/his participation is voluntary. The Navigator will work with the older adult to:

- Define their pace, priorities, and first steps
- Increase awareness of signs and types of elder abuse
- Increase their feelings of safety and security
- Provide a safe opportunity to share their experiences
- Connect to services and resources
- Explore safety options
- Create self-determined goals
- Promote opportunities for social and/or cultural connections
- Support better health and wellbeing



**"Sometimes it takes one act of kindness and caring to change a person's life."**

~ Jackie Chan





# Athabasca Prevention of Relationship Abuse Action Committee (PRAAC)

The Athabasca Prevention of Relationship Abuse Action Committee (PRAAC) is a community collaboration strategically addressing relationship abuse issues. PRAAC has worked in partnership with Healthy Families Healthy Futures in Athabasca since 2009. The members of PRAAC have successfully organized and implemented many successful fundraising and awareness events that have helped

bring the issues with family violence, and the voices of the survivors of family violence, to the forefront in the small community of Athabasca.

Healthy Families Healthy Futures would like to extend our gratitude for all of the support PRAAC provides to ensure our Thrive program continues to provide meaningful services in Athabasca, Calling Lake & Area.



## Thank you

### WALK A MILE IN HER SHOES®

PRAAC would like to acknowledge and thank all those individuals, who have walked, volunteered, and supported our Walk a Mile in Her Shoes® event over the past years. Your support is greatly appreciated! **Visit [www.athabascapraac.ca](http://www.athabascapraac.ca)**







# Community Action for Healthy Relationships Network (CAHR)

Healthy Families Healthy Futures is proud to be involved in Impact by Sagesse. This initiative brings together a network of service providers to address shared issues, enhance services and supports across Alberta and identify opportunities for large scale change. This work will build the capacity of service providers across the province and enable Albertans affected by domestic and sexual violence to have access to high quality supports in their communities.

In 2011, a regional collaborative comprised of community members from Athabasca, Barrhead and Westlock came together to form the Community Action for Healthy Relationships (CAHR) Network to address the issue of family violence.

The Network's vision is "Our Rural Communities Free of Relationship Abuse". CAHR staff, partners, contractors, and volunteers have worked diligently to address gaps in services in our communities to help people deal with family violence.

CAHR's commitment to taking action against family violence and relationship abuse has reached thousands of people and have set the standard for creating safe and inclusive communities.

A Social Return on Investment was completed (2019) clearly indicating the positive influence our programs have in the lives of those impacted by relationship abuse. Knowing that each \$1 has a social value of \$12 demonstrates the work is relevant and a good investment in the



individuals, families, and communities we serve. Our hope is to continue to break down barriers, increase individual, family, and community safety, and provide opportunities to generate awareness and prevention in our rural communities.

Thank you to our CAHR Leadership team for continuing to connect and invest their time, energy and expertise!



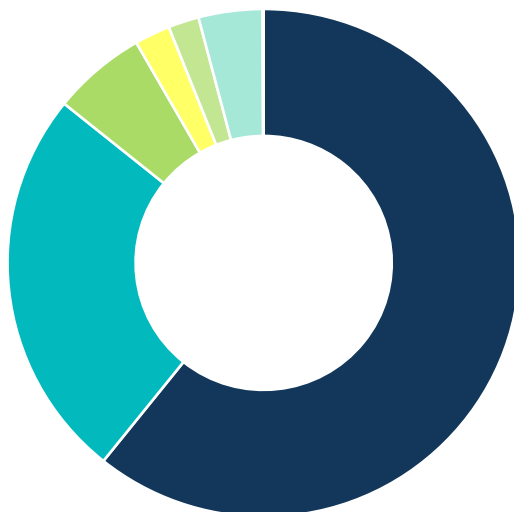
# Financial Summary (APRIL 1, 2022 - MARCH 31, 2023)

<b>INCOME</b>	<b>2022-2023</b>	<b>2021-2022</b>
Alberta Children's Services	\$971,536	\$804,684
NWC FASD Network	\$400,205	\$384,306
Public Health Agency of Canada	\$94,722	\$107,232
Alberta Health Services	\$35,948	\$35,391
Elder Abuse Awareness Council	\$31,104	\$30,150
Donations & Fundraising	\$1,110	\$4,617
Interest, Memberships & Other Grants	\$64,404	\$38,868
Community Initiatives Program	\$ -	\$47,845
FCSSAA Grant	\$ -	\$1,903
Canadian Women's Foundation Grant	\$ -	\$8,031
<b>Subtotal</b>	<b>\$1,598,939</b>	<b>\$1,463,027</b>
<b>EXPENDITURES</b>		
Staffing	\$1,197,848	\$1,145,142
Client Services	\$267,514	\$198,954
Administration	\$38,434	\$46,893
Facility Costs	\$50,873	\$49,404
Fundraising Costs	\$ -	\$521
<b>Subtotal</b>	<b>\$1,554,669</b>	<b>\$1,440,914</b>
<i>Surplus</i>	<i>\$44,270</i>	<i>\$22,113</i>

A copy of the audited financial report is available on our website at [www.hfalberta.com](http://www.hfalberta.com)

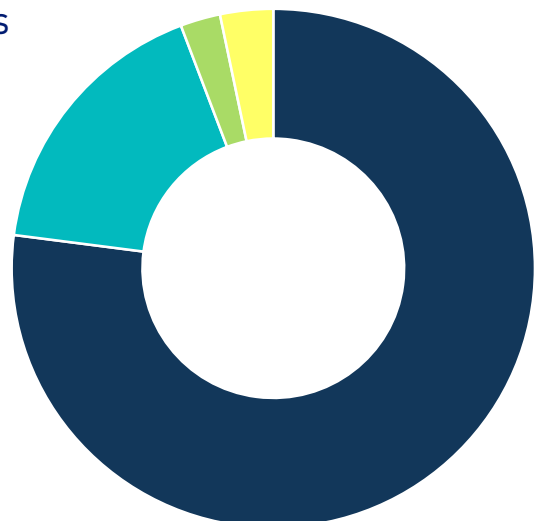
## INCOME

- ▶ Alberta Children's Services (61%)
- ▶ NWC FASD Network (25%)
- ▶ Public Health Agency of Canada (6%)
- ▶ Alberta Health Services (2%)
- ▶ Elder Abuse Awareness Grant (2%)
- ▶ Other (4%)
- ▶ Fundraising (<1%)



## EXPENDITURES

- ▶ Staffing (77%)
- ▶ Client Services (17%)
- ▶ Administration (3%)
- ▶ Facility Costs (3%)
- ▶ Fundraising Costs (<1%)





# Funders and Donors

We are very grateful for all our donors: each individual, business, foundation, and government agency that supports us in whatever way possible. Our sincere gratitude is extended to the following donors for their generosity and commitment in helping to build Healthy Families Healthy Futures' capacity to serve the rural communities we work in. Your donations and support further the effectiveness of our various programs and allow us to continue investing in the future of the people we serve. Thank you for sharing our vision of a connected community.

Our appreciation also goes to all the fantastic volunteers that help us each year by taking the time and energy to ensure programs and events run smoothly. We couldn't do it without you!

## Funders

- Alberta Human Services
- Alberta Health Services, Mental Health & Addictions
- Athabasca Prevention of Relationship Abuse Action Committee (PRAAC)
- Government Of Alberta
- Northwest Central FASD Network
- Public Health Agency of Canada
- Alberta Elder Abuse Awareness Council
- Westlock County

## In-Kind Partners

- Associate Medical Clinic
- Athabasca County
- Athabasca Native Friendship Center
- Lane, Shirley
- Lee, Alice
- Mead Johnson Nutrition
- New Brook Library
- Pembina Medical Clinic
- Pembina Valley Church of God
- Russell, Liza
- Westlock & District FCSS
- Zilinski, Nancy
- Youth Unlimited

## Community Supporters

**\$1,000-\$2,999**

Boston Pizza (Valentine's Day)

**\$500-\$999**

Indigo Design Studio

**\$50-\$499**

Driessen, Vicki Dawn



because of you...

**DONATE NOW: <https://www.canadahelps.org/en/dn/24088>**



## **Healthy Families Healthy Futures**

### **Main Office**

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