

HEALTHY FAMILIES HEALTHY FUTURES



ANNUAL REPORT

RESILIENT INDIVIDUALS | RESOURCEFUL FAMILIES | RESPONSIVE COMMUNITIES



2018-19



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Our Vision

Resilient Individuals | Resourceful Families | Responsive Communities

Our Mission

Together with individuals, families and communities, we build trusting, caring relationships to empower positive change.



OUR TEAM |



2018 - 19 BOARD MEMBERS

Chair	Darin Flemmer
Vice Chair	Sandy Worobec
Treasurer	Teresa O'Riordan
Directors	Jackie Da Cunha Zara Pye Alice Arthur Rhonda Nelson

2018 - 19 MANAGEMENT TEAM

Brandy Berry	Executive Director
Tammy Pirnak	Office & Finance Manager
Pam Pearce	Home Visitation Program Manager
Jailin Bertolin	FASD & PCAP Program Manager
Erin Chapotelle	Parent Link Program Manager
Anita Fagnan	PGPLN Network Manager
Teena Pankonin	CAHR Network Manager

2018 - 19 STAFF

Ilona Hoglander	Administrative Assistant
Dawn Anderson	Home Visitor/FASD Mentor
Angel Blaszczyk	Home Visitor/FASD Mentor
Velvet Buhler	Home Visitor/FNMI PCAP Mentor
Ashley Cloutier	Home Visitor
Deonne Dranchuk	Home Visitor/ECD Home Visitor
Erin Kuric	Home Visitor
Dana McLean	Home Visitor
Kelly Rogers	Home Visitor
Judy Van Hecke	Home Visitor
Darcy Dafoe	FASD Mentor
Jen Frizell	FASD Mentor
Bethany Lenihan	FASD Mentor
Mary McNaughton	PCAP Mentor
Darcy LaBonte	Thrive Mentor
Cheri Jantz	Thrive Mentor
Carrie Somerville	Thrive Mentor
Irene Fitzsimmons	Elder Abuse Project Coordinator
Kelly Burke	Parent Link Programmer
Debbie Juhasz	Parent Link Programmer
Lori Lumley	Parent Link Programmer
Tiffany Scarnati	Parent Link Programmer



MESSAGE FROM THE EXECUTIVE DIRECTOR |

Healthy Families Healthy Futures (HFHF) offers services in more than 14 municipalities within the region. HFHF focuses on supporting individuals, families, and communities to build trusting relationships and access opportunities for positive growth and change. We continue to work from a strengths-based perspective that is respectful of where individuals, families, and communities are at. This relationship based work is echoed in all aspects of the work we do. Our staff are a team of wonderfully skilled and committed people who are empathetic and compassionate. They continue to make our programs and activities a huge success. Each and every staff member is unique and adds to making our team stronger.



This past year proved to be an eventful year for HFHF. Most notable is the successful completion of reaccreditation with Imagine Canada – a process that took many hours and was a true collaborative effort between our administrative staff, the Board, and myself. Another huge undertaking was the review and revision of our Human Resource policies. Although this process is continuous, ensuring we are up to date with the changes to Employment Standards and current legislation became a priority. Finally, the review and updating of our strategic plan was not only necessary but allowed members of our Board and management team an opportunity to work together, get to know each other better, and share their ideas.

Personally, this past year has continued to be one of learning and new experiences. I was provided many opportunities and invitations



"Coming together is a beginning, staying together is progress, and working together is success."

~ Henry Ford

to represent our organization at the provincial level. These connections ensure that Healthy Families Healthy Futures and our rural communities' perspectives, achievements, and challenges have a voice, provincially, and allow for direct advocacy and input.

I would like to convey my sincere appreciation to the dedicated Healthy Families Healthy Futures Board, who continues to actively support and encourage our hard work. Their collective commitment to meet the ongoing needs of HFHF ensures that we continue to move forward even when faced with challenges.

To all of our community partners and funders, thank you for the time and energy it takes to keep our partnerships alive and functioning well. Not only are we stronger when we work together, our communities are as well.

Thank you to all of our volunteers. In this past year there was over 700 volunteer hours counted. Your commitment is amazing!

To all of our staff, clients, stakeholders, donors and anyone else that supports the work we do, we would not be here without you.

I am looking forward to what this next year brings.

Brandy Berry
Executive Director



MESSAGE FROM THE BOARD CHAIR |

This is a time to reflect upon the past year and start planning for the next. We have worked hard maintaining our services and building support networks within our communities. Working with individuals and families coping with more complex problems, and having fewer resources to go around, has been difficult balance to find.



Over the coming year we will need to continue advocating for services that provide stability and a sense of hope to individuals, families, and our communities. Healthy Families Healthy Futures is in a good position to do this work because of our unique perspective and our ability to be responsive, using the strengths of our communities. We know our communities and we make positive change happen by building respectful relationships that begin with integrity and compassion.

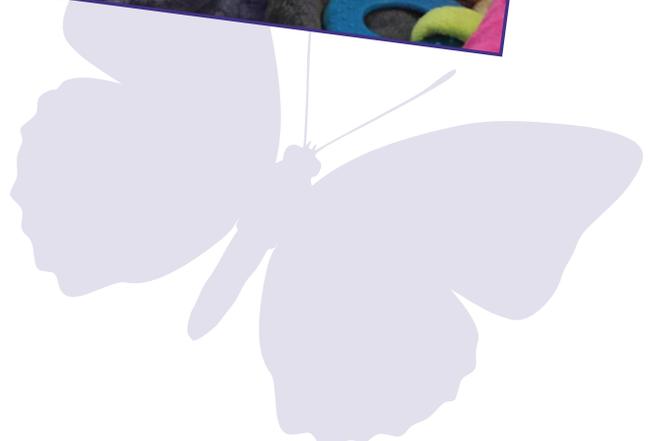
I also want to celebrate our partnerships and let our partners know how much we appreciate them. These partnerships have survived many changes over the years including staff turnover, government priorities and Alberta's economic rollercoaster. In fact, I believe our partnerships have grown stronger because we have worked through, and survived, so much change. As a result, we have gained a deep understanding and respect for each other, and we have moved beyond the barriers to become more innovative in achieving our goals.

Finally, I want to acknowledge and thank our hardworking Volunteers, Staff, Management Team and Executive Director. Together you

embody Our Vision of Resilient Individuals, Resourceful Families and Responsive Communities. The dedication you show each day is at the heart of what Healthy Families is all about.

Sincerely,

Darin Flemmer
Board Chair





OUR BOARD MEMBERS |

Healthy Families Healthy Futures was established in 2000 and has been overseen by a Board of Directors since inception. Board members are recruited and retained based on their unique ability to provide foresight, oversight, and insight to the governance of the agency. They represent the geographic diversity served by Healthy Families Healthy Futures, and represent various sectors including, but not limited to, government, health, and community.



DARIN FLEMMER 
Board Chair

Darin has been a Social Worker for 27 years. He was a Program Coordinator and the Executive Director

for FCSS in Athabasca. Since 2005, he has been working as an Addictions Counsellor in the Barrhead area. Darin has been part of the Healthy Families Healthy Futures Board for 15 years and is the current Board Chair. He has served on many different Boards and Committees in our region and enjoys collaborating and community development work.



SANDY WOROBEC 
Vice Chair

Sandy has been a Healthy Families Healthy Futures Board Member since the beginning – 19 years! She

lives in Whitecourt with Rick, her husband of almost 35 years. She is the proud mother of two adult sons – Garth who lives in Whitecourt and Craig, who is married to Daini, and lives in Hong Kong. They have a two year old son Marcus who is her joy. As a Registered Social Worker, her career spanned 36 years with Alberta Children's Services in a number of different roles – most recently as Adoption Supervisor. She retired in June 2018 and now spends her time travelling, reading, camping, and finishing all those things at home that were previously neglected or ignored.



TERESA O'RIORDAN 
Treasurer

Teresa feels very fortunate to have been born and raised with privileges that allowed her to do many

things throughout her entire life. She volunteers to support the excellent work that Healthy Families Healthy Futures does of providing for persons and families who have additional burdens or access barriers. When not working, she enjoys volunteering or travelling; with immense respect for, and support of, the performing arts in Edmonton. Whether music, drama or dance, she is blessed to witness the soulful expression of our human existence and experiences through the creativity and courage of our musicians, actors and dancers.

Going forward she will be spending more time with her mom in Camrose. She hopes to continue their travel together while they can ... Working hard to ensure she is living her life minimizing any potential for regrets, missteps or missed opportunities.



" None of us, including me, ever do great things. But we can all do small things, with great love, and together we can do something wonderful. "

~ Mother Teresa





JACKIE DA CUHNA 
Director

Jackie grew up on two continents and was fortunate to move to Canada over thirty years ago. She and her husband raised three children in Westlock and appreciated that it really does take a community to raise a child – many good friends and people in our community greatly enhanced their lives. She trained as a registered nurse in the United Kingdom and worked for many years as a prenatal instructor in Westlock, which was how her relationship with Healthy Families Healthy Futures started. Jackie enjoys camping, life at the lake, the Edmonton Fringe, reading, book club, and playing bridge. She volunteered on the board of Adult Learning for over twenty years and has been on the board of Healthy Families Healthy Futures since May 2015.



ZARA PYE 
Director

Zara is a born Albertan who spent a majority of her life in Ontario where she got an education in Social Work. Zara relocated back to her home province with her family five years ago. Since her return to Alberta, Zara and her family are active Lac Ste. Anne community members. Zara has worked with Northern Gateway School Division, the North West Central FASD Network and is currently employed by the Government of Alberta – Ministry of Children’s Services as a Caseworker in Westlock. Zara has proven her willingness and commitment to making positive changes in rural Alberta for services, supports and resources offered to our community members and is thrilled to be a part of the amazing work that Healthy Families Healthy Futures continues to provide to our communities.



RHONDA NELSON 
Director

Rhonda is a holistic psychotherapist in private practice living in Athabasca and area. She has been working in the field of mental/emotional health, addiction, and trauma for 15 years. With a focus on healing trauma, she provides individual/group sessions in office, online, and at workshops and retreats. She is also a facilitator of the 2019 launch of the online course in Compassionate Inquiry, a psycho-therapeutic approach developed by Dr. Gabor Maté. The direction of her career was inspired by her work with Healthy Families Healthy Futures as a Home Visitor from 2006-2010. She has been a member of the Healthy Families Healthy Futures Board for one year.



ALICE ARTHUR 
Director

Alice was born in Manitoba and through her childhood move across the prairie provinces and ended up in Grande Prairie. Alice completed her Register Nurse training in Lethbridge in 1976. In 1979 started working at the Westlock Immaculata Hospital after she met a cute pig farmer from Flatbush. In a few years got rid of the pigs but keep the cute farmer (grain farmer now) has a family of 3 children and 5 grandkids. Alice found her “nitch” when she started Community Nursing in 1981. She has worked in Public Health, Home Care and Palliative Care, in Flatbush, Smith, Westlock and Barrhead and surrounding areas. Presently Alice works for the Aspen Primary care Network. Alice has a passion for helping people and navigating them thru our lovely, confusing health care system. Alice has worked with Healthy Families Healthy Futures over the years and is very proud to be part of this group.



HOME VISITATION

Home Visitation is a free, voluntary, relationship-based program offered to over-burdened and under-resourced families who are either pregnant, or have a first child under three months of age. The home visitation program is offered in the following communities:

Westlock, Thorhild, Athabasca, Barrhead, Swan Hills, Whitecourt, Mayerthorpe, Morinville. Sturgeon County, and Lac Ste Anne County.

Visits are usually conducted once per week for one hour in the family home. During home visits, topics are discussed including nutrition, attachment, family wellness, and anything else the family would like information on. Family's set their own goals and explore parenting with the support of the Home Visitor. Depending on the needs of the family, visits can continue for up to five years.

PARENT SURVEY RESULTS

- **100%** of families reported they have increased knowledge on parenting and child development
- **91%** of families reported they have learned positive ways to teach their child
- **98%** of families reported Healthy Families has supported them to work on the goals that the families have chosen
- **99%** of families have reported Healthy Families has helped them connect with services that were helpful for them and their families
- **100%** of families reported Healthy Families has treated their family with respect

CLIENT QUOTES

“This program has gave me a support system with multi-facets, has helped me understand “normalizing” behaviors that my child is doing, and gives me information specific to my needs!”



“I have grown stronger since being on the program and have learned to believe in myself and achieve goals I have.”

“I feel more confident as a mom, my child gets a chance to socialize and I have learnt how my actions impact my child.”

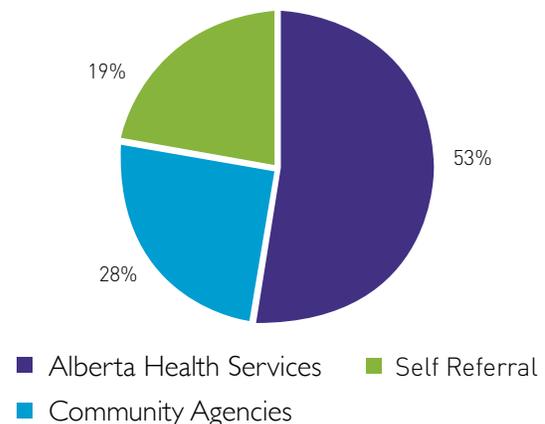
“I started off a mess (scared, unsure) and now am stronger as a person and mother! ”

“My worker is very positive and helpful at all times. Respectful, non-judgemental, trustworthy.”



REFERRAL SOURCES

Healthy Families has received 97 new referrals this year



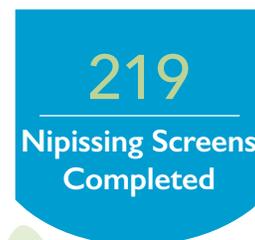
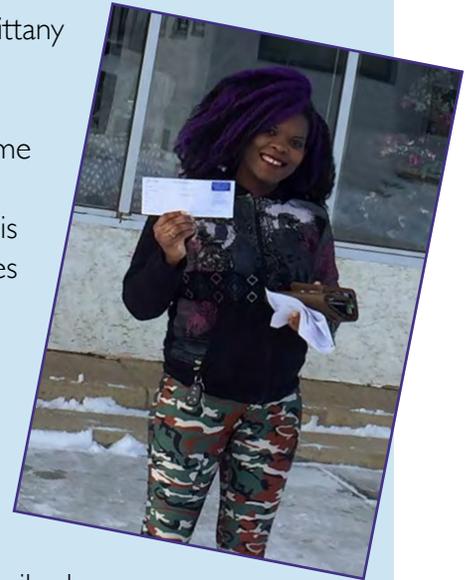


HOME VISITATION STORIES |



WHAT HEALTHY FAMILIES HAS DONE FOR MY FAMILY

After coming to Canada and living in Toronto for a few years, Brittany and her husband moved to a small rural community in northern Alberta. The family joined the Healthy Families Home Visitation program when Brittany was pregnant. During visits with her Home Visitor, they recognized that isolation, lack of transportation, and access to necessary resources were becoming a challenge for this expectant, mother of two, because dad worked away (sometimes for months at a time). Brittany and her Home Visitor began working towards Brittany obtaining her driver's license, so she could access necessities like medical appointments, groceries, prenatal care appointments, etc. The Home Visitor supported Brittany by encouraging her to study, answering questions, and driving around town with her to practice. After Brittany felt she was finally confident enough to take her road test, the family's vehicle was not approved test worthy. With limited friends or family close by to supply a car, she found herself without options. Brittany and her worker brainstormed, thought outside the box, and called on community members that she had gotten to know through resourcing, to access a safe and road worthy vehicle to use for her road test! Not only did Brittany obtain a driver's license that day, she gained a valuable lifelong skill...and broke down the barriers of isolation while gaining independence.





FASD MENTORSHIP PROGRAM - ATHABASCA, LAC STE. ANNE COUNTY & WHITCOURT

FASD Mentors support individuals who have Fetal Alcohol Spectrum Disorder (FASD) by developing a relationship, providing advocacy, and helping with goal setting. Mentors assist participants to develop life skills and make healthy decisions.

Healthy Families Healthy Futures is pleased to have secured additional funding, from the Northwest Central FASD Network, to extend part-time supports to Lac Ste. Anne County, and surrounding area.

What would you say is the best thing that has happened to you as a result of this program?

"Constant support and knowing someone was there for me and my family."

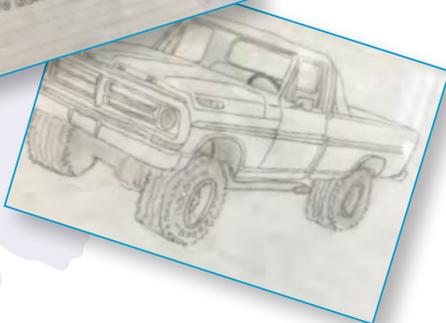
"She helped me a lot at court. I would be in jail if it wasn't for help. I can speak up for myself better."

"She helped me get a job and FASD assessment."

100% of FASD Transitions clients surveyed agreed that their worker understands their needs, treats them with respect and supports them to decide their own goals and needs.



"Drawing keeps me sane when I am dealing with my addictions."



HOW WE HELP...

"I have been meeting with an adolescent client on a weekly basis, for several months. Her main goals are socialization and community involvement. Our sessions have always been in her home, where she is most comfortable. In hopes of getting her out of the house, I encouraged her mom to bring her into town, get ice cream and meet me at our local park. The client was hesitant to get out of the vehicle but after some coaxing, we were able to get her to go for a walk. Since then, we've gone for ice cream – just the two of us! At our last session, we decided that we are going to go see a movie together next week. It has been a privilege to get to know this client, have the opportunity and the time to build a connection with her, and see her beginning to come out of her shell and trust me a little bit more each week. I look forward to all of the things we will do together next!"

~ FASD Mentor

18

Clients served in
Whitcourt

17

Clients served in
Athabasca

7

Clients served in
Lac Ste. Anne



PARENT-CHILD ASSISTANCE PROGRAM (PCAP) ATHABASCA & WHITECOURT

Parent-Child Assistance Program (PCAP) Mentors provide extensive assistance and long term emotional support to women who are at risk of using drugs and/or alcohol during pregnancy. Mentors work alongside women to make goals and achieve fundamental changes in their lives.

Funding from the Northwest Central FASD Network was increased to allow the agency to extend PCAP services to Athabasca specific to First Nations, Metis & Inuit populations

PCAP clients were surveyed and 100% agreed that their worker

- Treated them with respect
- Saw strengths in them they didn't know they had
- Understood their needs
- Connected them with services that were helpful for them and their family

The top 3 areas PCAP clients receive support in are:

- Getting basic household needs (food, clothing, housing, transportation)
- Finding helpful community services
- Connecting with health services

In the past year, PCAP served:

12
Women and their families in Whitecourt

6
Women and their families in Athabasca



“I see my clients being brave and moving to something they feel would be better for them. They have ended unhealthy relationships because of the knowledge and support they receive from our program. I help clients try new ways of disciplining their children and acknowledging that it is okay to ask for help. Clients are learning to advocate for themselves and others and this has taken advocating to an entirely new level. I see women taking responsibility for their actions, attending court, and following through with probation and other demands such as community hours, mental health or other community involvement.” ~ HFHF Mentor



WHAT OUR CLIENTS ARE SAYING...

“My worker has helped grow my confidence in positive ways and provided me with tools I can use in life too protect myself and my kids and how to keep balanced.”



“Thank you for being a very healthy and strong support. Without your help I'd still be lost. Now I'm in the right direction with a strong desire to keep moving forward and have a good life. I've been through so much trauma, sadness, loneliness and grief. Now I feel hopeful strength and willingness to change and I want to thank you for being here.”



WESTLOCK PARENT LINK CENTRE |

OUR VISION

A cooperative network delivering Parent Link services to parents, caregivers, young children and their families.

Parent Link programs and services are for parents and caregiver, and their children ages 0 - 5 years old. The five core services are:

- Parent Education
- Early Childhood Development
- Family Support
- Information and Referrals
- Ages and Stages Developmental Screening

SHOP AND SWAP

Parent Link together with community partners provide an opportunity for the community to swap items such as clothing, baby items, and toys. Families are encouraged to donate items they no longer need, and then everyone is invited to come back and choose anything they want for FREE! Westlock Parent Link has hosted two Shop and Swaps each year for the past four years.



- 197 Unique Volunteers
- 768 Volunteer Hours
- 1,411 People Attended 7 Special Events in Our Community
- 698 People Attended Parent Link Programs in Our Community
- 69 Sessions with 140 Hours of Parent Education Programs were delivered to 361 Unique Participants
- 98 Early Learning and Care Programs over 267 Hours were delivered to 793 Unique Participants



PARENT LINK - NEW THIS YEAR



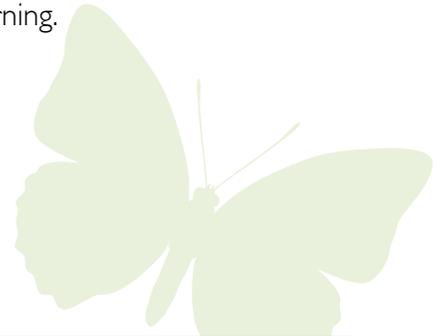
POP-UP FAMILY PARTIES

In partnership with Westlock Servus Credit Union, we were able to hold two Pop-up Parties where families were encouraged to follow hints that were posted on Facebook to try to figure out the location of the event and then join us there for supper and activities



EMOTION COACHING

The Emotion Coaching program teaches parents a 5-step method to build their child's emotional intelligence and create positive, long lasting relationships with their children. Easy to learn, it supports kids through life's ups and downs in a way that builds confidence and helps them grow socially, emotionally, and intellectually. This program was held in partnership with the Westlock Childcare Society. The Childcare Society provided the location, supper, and childcare for this four-week program and Parent Link facilitated the learning.





THRIVE - ATHABASCA, WESTLOCK & BARRHEAD

Thrive Outreach mentors support individuals impacted by abusive relationships by meeting one-on-one to evaluate personal safety, create safety plans, provide emotional, court, and referral support, and work with clients to identify and attain individualized goals for themselves and their families. They also work in the community to increase awareness and decrease the stigma associated with family violence, relationship and elder abuse and actively work within school and youth serving organizations to educate them on healthy relationships.

In the last year, **Mentors have supported over 75 individuals** seeking Thrive assistance to cope with family violence, relationship or elder abuse.

Client Quotes...

"I now understand how abuse affects my children, how to maintain my boundaries, and how to keep us safe and happy."

"I have been helped in so many ways. I honestly don't know where I would be without them."

"I understand relationship abuse much better, can keep myself safe, and am connected to the community."

WALK A MILE IN HER SHOES®

Once again, the community of Athabasca supported the fundraising efforts of The Prevention of Relationship Abuse Action Committee's (PRAAC) annual Walk a Mile in Her Shoes® event. \$18,954 was raised directly impacting the continuation of Thrive services in the community. Thank you Athabasca! Visit www.athabascapraac.ca



A THRIVE CLIENT'S STORY...

"A person can sometimes have a nagging feeling deep down inside of themselves and not recognizing why it is there but somehow knowing it is not a good feeling to experience.

Slowly but surely, the feeling gets bigger and more cumbersome and happens more frequently. Most times the feeling goes ignored and gets oppressed while a blanket of self-doubt surrounds it and you just move onto the next day. These feelings can turn into forms of acknowledgement that something isn't right, and, also go ignored, such as bruises, heartache, depression, echos of how much of a 'bad person', 'bad mom', 'loser', creating so much confusion.

As a result of entering the Thrive program, those feelings have been identified and delicately brought to the surface, one by one, and the feeling of knowing and understanding that these pangs I feel are forms of abuse in my current relationship. Processing choices I have made, thoughts I have, and actions already taken throughout my time in the program, is helping me find my self-worth again.

Being introduced to options on potential plans for the future has helped me create more positivity, and almost immediate change in my mindset for my kids and my future.

As well, learning what a healthy relationship can look like, and how to rebuild myself, creating a healthy village to surround me has been such a great help."



COMMUNITY ACTIONS FOR HEALTHY RELATIONSHIPS (CAHR) NETWORK

The Community Action for Healthy Relationships (CAHR) Network continues to play an important, collaborative role in educating and advocating for ongoing supportive services to address family violence, relationship and elder abuse. Our partnering communities – Athabasca, Barrhead, & Westlock – use their collective voice to foster change.

CAHR bridges major gaps in services, directly benefits individuals and families, and reduces costs to systems through:

- **Community Awareness and Education**
- **Coordinated Community Responses**
- **Creating Change for Healthy Relationships Group Program**
- **Thrive Outreach Services**
- **Community Collaboration**
- **Professional Development**

At the end of the year, a Social Return on Investment (SROI) was completed, by Catalyst Research and Development Inc, to forecast the future monetary benefit of investment in CAHR programs. Evaluation results indicate CAHR programs are meeting



the needs of families living in these three rural communities and, in addition, there is a significant amount of social value afforded to the communities involved as well as to the broader region.



For every \$1 invested in CAHR Programs, there is a \$12 social return on investment



THE ELDER ABUSE PROJECT |

The Elder Abuse Project initially focused on bringing CAHR Network communities together to create a Coordinated Community Response (CCR) Model. The result of this work was an individualized CCR Model for each of the participating communities (Athabasca, Barrhead, and Westlock). The purpose of these models is to enhance the collaboration of service providers, increase professional and public knowledge and skills, and leverage resources for the coordination of responses for older adults experiencing abuse.

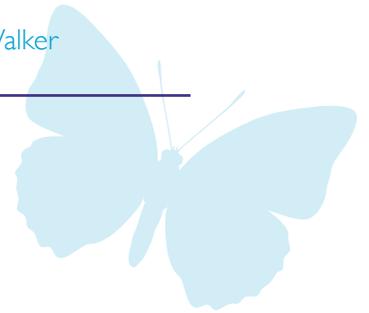
Goals of Creating the Coordinated Community Response

- To educate people on how to recognize abuse, neglect and exploitation of seniors.
- To raise awareness that elder abuse is a wide spread problem affecting the entire community.
- To improve our capacity to respond to Elder Abuse.
- To create opportunities to assist older adults experiencing abuse.
- To commit to a collaborative process of service provision that enhances meaningful connections and promotes sustainability.



"To care for those who once cared for us is one of the highest honors"

~ Tia Walker



Training sessions, facilitated by the Elder Abuse Project Coordinator, of *"Neighbors, Friends, and Families- It's Not Right!"* for older adults, increase education and awareness on the signs and indicators of neglect and/or abuse, ageism and ageist attitudes, and advocate for a safer and enhanced quality of life for older adults. There has been a growing acknowledgement that elder abuse does happen in our rural and remote communities and that we all have a role in prevention. Our collective goal is to continue to create opportunities for older adults to live with dignity and remain safe.





PEMBINA GATEWAY PARENT LINK NETWORK |

Our Network connects 8 rural communities in the North Central Zone of Alberta:

Barrhead
Lac Ste. Anne County
Mayerthorpe
Smoky Lake

Swan Hills
Thorhild County
Westlock
Whitecourt

You don't build a Network...

YOU BUILD PEOPLE

and then you

BUILD THE NETWORK



Working together to CONNECT:

- Parents
- Children
- Staff
- Volunteers
- Community Partners
- Funders





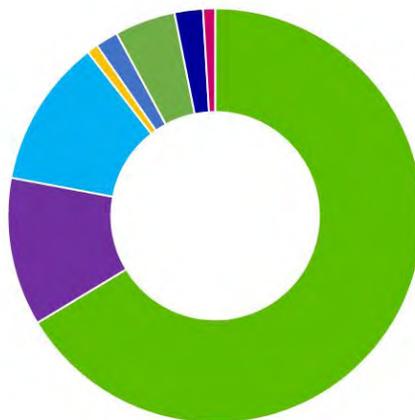
FINANCIAL SUMMARY (APRIL 1, 2018 - MARCH 31, 2019)

INCOME	2018-2019	2017-2018
Alberta Human Services	\$1,327,974	\$1,291,511
AB Family & Community Safety Program	\$231,673	\$112,706
NWC FASD Network	\$231,041	\$218,675
Public Health Agency of Canada	\$94,722	\$94,722
Status of Women	\$0.00	\$84,826
Alberta Seniors & Housing	\$17,239	\$56,095
Alberta Health Services	\$35,391	\$34,659
Donations & Fundraising	\$44,246	\$27,990
Interest, Memberships & Other Grants	\$18,707	\$17,610
Subtotal	\$2,000,993	\$1,938,794
EXPENDITURES		
Staffing	\$1,049,082	\$1,019,101
Client Services	\$252,572	\$202,834
Administration	\$43,284	\$45,238
Facility Costs	\$42,926	\$63,151
Fundraising Costs	\$5,661	\$3,981
Subcontracts	\$573,756	\$603,342
Subtotal	\$1,967,281	\$1,937,647
Surplus	\$33,712	\$1,147

A copy of the audited financial report is available on our website at www.hfalberta.com

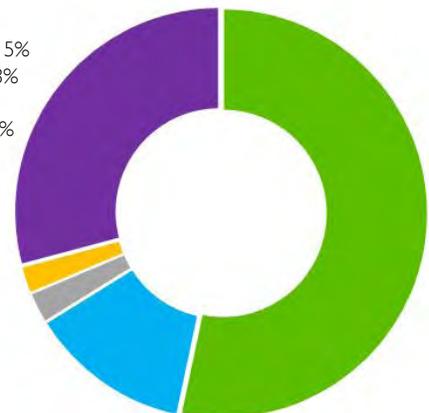
INCOME

- Alberta Human Services - 56%
- Family & Community Safety Program - 12%
- NWC FASD Network - 12%
- Alberta Seniors - 12%
- Alberta Health Services - 2%
- Public Health Agency of Canada - 5%
- Fundraising - 2%
- Other - <1%



EXPENDITURES

- Staffing - 53%
- Client Services - 15%
- Administration - 3%
- Facility - 2%
- Subcontracts - 29%





FUNDERS & DONORS

We are very grateful for all our donors: each individual, business, foundation, and government agency that supports us in whatever way possible. Our sincere gratitude is extended to the following donors for their generosity and commitment in helping to build Healthy Families Healthy Futures' capacity to serve the rural communities we work in. Your donations and support further the effectiveness of our various programs and allow us to continue investing in the future of the people we serve. Thank you for sharing our vision of a connected community.

Our appreciation also goes to all the fantastic volunteers that help us each year by taking the time and energy to ensure programs and events run smoothly. We couldn't do it without you!

Funders

Alberta Human Services
Alberta Health Services, Mental Health & Addiction
Alberta Family & Community Safety Program
Alberta Seniors & Housing
Athabasca Prevention of Relationship Abuse Action Committee
Edmonton & Area Children's Services
North Central Children's Services
Northwest Central FASD Network
Pembina Pipeline Corporation
Public Health Agency of Canada

In-Kind Partners

Alberta Community Health Services
Alberta Home Visitation Network Association
All Fired Up DJ Services, Benita Pederson
Associate Medical Clinic
Blankets for Babes Program

Giant Tiger, Westlock
Mead Johnson Nutrition
Pembina Medical Clinic
Pembina Valley Church of God
Primary Care Network
Quilting From the Heart
Rural Kids Matter
St. Mary School
Water Pure & Simple
Westlock & District FCSS
Westlock Alliance Church
Westlock Agricultural Society
Westlock Home Hardware
Westlock Municipal Library

Community Supporters

\$1,000-\$8,000

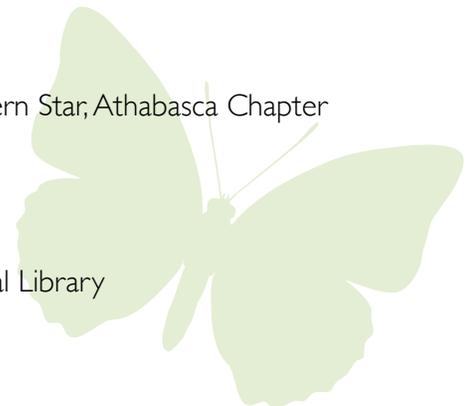
Alberta Newsprint Company
Atco Electric, Ruth Laseur
Athabasca Community Health and Wellness Coalition
Servus Credit Union, Westlock
West, Linda
Westlock & District FCSS

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Fountain Tire, Westlock
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Main Office

#203, 10011 106 St., Westlock, AB T7P 2K3

Phone 780-307-2444 | Fax 780-307-2447 | Toll-Free 866-859-8109

Email: main.office@hfalberta.com | hfalberta.com



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