



## **Fetal Alcohol Spectrum Disorder (FASD)/ Parent-Child Assistance Program (PCAP) Mentor Whitecourt, Mayerthorpe, Lac St Anne & Woodlands County**

### **This is a blended position based out of Whitecourt AB (35-40hrs/wk)**

The Fetal Alcohol Spectrum Disorder (FASD) Mentor provides in-home, one-on-one mentorship to individuals who may be prenatally exposed to alcohol. You will support the client to build and maintain a healthy lifestyle, including developing life and social skills, while supplying support, collaboration, and system navigation across multiple sectors.

The Parent-Child Assistance Program (PCAP) Mentor provides in-home, one-on-one mentorship services with a focus on reducing or stopping alcohol and/or drug use during pregnancy. You will work, utilizing a harm reduction approach and encourage healthy pregnancies, when applicable, and support overall wellbeing. You will also assist in the strengthening of caregiver-child relationships, promotion of healthy childhood growth and development outcomes, and encourage safe home environments.

You will have a role in enhancing the capacity of the community to prevent Fetal Alcohol Spectrum Disorder through awareness and prevention activities.

### **What you'll do:**

- Travel to families' homes in Whitecourt, Mayerthorpe, Lac St Anne County, Woodlands County and surrounding areas to provide service
- Establish trusting relationships with clients, their family, and support network
- Assess strengths and needs in order to help create service plans and strategies to support the healthy development of the family/client
- Work utilizing a strength based, relational, harm reduction approach
- Utilize screens, assessments, and observation to guide service plan
- Provide confidential, emotional, and practical support to parents and caregivers
- Connect families/clients with other service providers and resources to improve their health and well-being
- Advocate, as necessary, for clients to obtain the necessary supports for an improved quality of life, including basic needs, health, housing, transportation, legal, and income supports
- Document all activities accurately and according to procedure
- Transport clients to access services if necessary

### **Qualifications:**

- Compassionate with a positive and empathetic approach to others
- Diploma in Social or Human Services, with relevant experience or equivalencies considered
- Experience working with individuals and families with complex needs
- Knowledge and awareness of FASD
- Respect for the diversity of cultural differences and beliefs
- Knowledge of community resources
- Understanding of how to set professional boundaries
- Ability to maintain computerized files and documentation
- Current Child Welfare Record Check and Criminal Record/Vulnerable Sector Check
- Valid driver's license, with a reliable car, will be required

Healthy Families Healthy Futures offers a competitive benefits package, caring work environment, and opportunities for on-going training and professional development. Wage will be dependent on a combination of education and experience.

Please submit your resume and cover letter along with three work related references by March 5, 2024 to [main.office@hfalberta.com](mailto:main.office@hfalberta.com). This competition will remain open until a suitable candidate is found.